



# The City Source

Citizens' Newsletter Produced by the City of Lynchburg



December 2003

## Make a Difference in Lynchburg . . .

### How? By Joining Volunteer! Lynchburg

**V**olunteer! Lynchburg is a network of citizens who donate time and energy in a broad range of community services. From coaching and mentoring to neighborhood cleanup campaigns to companionship and advocacy for the elderly and youth, our volunteers are making a difference in many lives in Lynchburg.

#### What is Volunteer! Lynchburg?

It's a program organized by Lynchburg's Citizens First Customer Service Division in response to City Council's initiative for citizens' involvement in local government. The mission of Volunteer! Lynchburg is to respond to the needs of the Lynchburg community by promoting and facilitating volunteer involvement through the partnership of government, organizations, businesses, and individuals for personal and community enrichment.

#### Who volunteers?

A good candidate is anyone who lives and/or works in Lynchburg and wants to make a difference in someone's life and in the overall quality of life in our community.

That could be you! Our volunteers include people who are:

- Self-employed
- Working flex-time
- Telecommuting
- Traditional office workers
- Professionals
- Skilled trades people
- Your friends
- Your neighbors

#### What does it take?

As much or as little time as you have to offer. Volunteer opportunities range from one-time projects and special events to long-term commitments. You can choose from a variety of positions to fit your schedule and interests. Whether you have a few hours

a year, month or week to contribute, we need your help.

Some volunteer opportunities are:

- Adopt A Trail
- After School Programs
- Coaching
- Council Appointed Boards & Commissions
- General Office Work
- Tutoring Youth
- Litter Control
- Neighborhood Watch
- Recycling Programs
- Special Projects
- Tours

#### Who benefits?

Every life you touch will benefit from the time, energy, interest, and friendship you share in the programs and activities of Volunteer! Lynchburg.

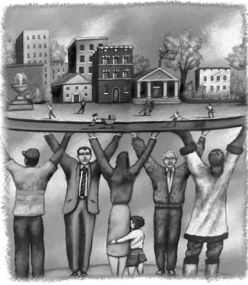
And you, in turn, will benefit by:

- Making new friends
- Sharing new ideas and experiences
- Developing new skills
- Becoming a more active member of the community

*Volunteer! Lynchburg needs you! Download the Volunteer! Lynchburg application form and join today!*

#### How to Contact Volunteer! Lynchburg

For more information, contact Robert Harvey, *Volunteer! Lynchburg*.  
Citizens First, P.O. Box 60, Lynchburg, VA 24505  
Phone: 434-847-1663  
E-mail: robert.harvey@lynchburgva.gov



## First Citizens Academy Graduating Class of 2003

**O**n November 11, 2003, thirty-three citizens graduated from Lynchburg's first Citizens Academy. Academy participants attended nine weekly sessions on topics ranging from the budget to public safety. Participants also toured various city facilities. The participants were honored during the November 11 City Council meeting and received praise from Mayor Carl B. Hutcherson, Jr., for their interest in City government.



## 12 DAYS of CHRISTMAS

“On the first day of Christmas  
my true love gave to me...”

Music, Shopping, and Lunch... This year the Community Market will celebrate the 12 days of Christmas with specials from our great crafters, music at lunch time and visits from Mr. & Mrs. Santa Claus. Come shop with us and take advantage of the great specials here at the Market **December 10 - December 23**. Also, with the help of 97.9 *The River*, there will be many opportunities to win great gift items from our crafters.

#### Saturday, December 13

Live music in the morning with Whitley Selick playing the harp followed by the Christmas parade in the evening at 5:00 p.m.

#### Monday, December 22

Come visit with Mr. & Mrs. Santa Claus from 11:00 a.m. - 1:00 p.m. while listening to the heavenly sounds of the First Baptist South Lynchburg Youth Choir.

#### Saturday, December 20

Live music by Whitley Selick playing the harp. Also great eats provided with Rachel Deddens in period costume serving Brunswick stew, roasted chestnuts, apple cider, and more.

#### Tuesday, December 23

This is your last chance to tell Santa your wishes before Christmas. Mr. & Mrs. Santa Claus will be here from 11:00 a.m. - 1:00 p.m.

## Make Your Home a Lead-Safe Zone!

**W**hen it comes to lead poisoning, prevention is protection. Lead poisoning is a major environmental hazard to children under age 6 - and is completely preventable. Children with lead poisoning can have trouble with learning and behavior. Here are some things you can do to protect your children.



Lead-Safe Lynchburg

If your home was built prior to 1978, it may have lead paint and lead dust in it. Lead dust from old paint is spread by sweeping and cannot be picked up by a regular vacuum cleaner.

- Wet-wash areas where lead dust settles (i.e., floors, window sills, furniture, etc). Use a strong household cleaner mixed in hot water. Wash and rinse weekly.
- Because children play on the floor and pick things up, wash their hands frequently.
- Clean toys and pacifiers regularly.
- Don't dry-sand or dry-scrape old lead paint.
- Don't use pewter, brass or glazed pottery to store, heat or serve food and beverages. Test your home for lead dust with a dustwipe test kit.
- A blood test is the only sure way to detect lead poisoning. Have your child tested today.

Areas outside your home may contain lead from exterior lead paint chips and dust, and highway pollution.

- Wash your children's hands after they have played outside.
- Don't let your children play on porches that have chipping or peeling paint.
- Find safe play areas (i.e., build a sandbox and fill it with lead-free sand. Grassy and mulched areas are better than bare dirt).
- Have a doormat for wiping feet before coming inside. Leave shoes at the door.
- Plant your garden in a safe, lead-free area away from painted buildings and busy roads.
- Don't let children play around houses that are being renovated.
- Have your home's paint, water and soil tested if you suspect lead.

## Brush and Bulk Pickup Service

### One Call Does It All For City Residents!

Just call 856-CITY (2489) for your brush and bulk pickup requests. Phone calls are taken weekdays from 8:00 a.m. until 5:00 p.m. After you call and receive a scheduled brush and bulk pickup date, place your brush and bulk items on the curb in front of your residence. Please place items out the day before your scheduled pickup, since the crew might come as early as 7:00 a.m. on your scheduled day.

There are certain things you can do to better prepare your brush and bulk items prior to your scheduled pickup. Please keep the following in mind:

- Keep brush and bulk items separate.
- Brush items include twigs and branches (*excluding piles of leaves*).
- Bulk items include furniture, appliances, televisions, etc.
- Place items on the curb in front of your residence. Do not put items near trees or telephone poles.
- Break up brush and bundle it into pieces less than 8 ft. long. Limbs should be no larger than 3 inches in diameter.
- Make sure bulk items are not too large (*two people should be able to carry the items*).
- Freon items, such as air conditioners, refrigerators and freezers are required by law to be kept separate from other

bulk items and are picked up on Wednesdays ONLY.

- Leaves are not eligible for brush and bulk collection. Leaves are picked up for free during designated dates in the fall. If you need to dispose of leaves at other times, just bag and tag them with a 95-cent trash tag.

**NOTE: Please call 856-CITY for seasonal leaf pick-up dates.**



## Christmas Parade

“Home for the Holidays”

Brought to you by the Lynchburg Fire and EMS Foundation, Inc.

***It's a new parade with a new date, new time, more floats, more bands, more fun!***

**DATE: Saturday, December 13**

**TIME: 5:00 p.m.**

**PLACE: Historic Downtown Lynchburg**

**THEME: “Home for the Holidays”**

**Come join us and market your business as a participant (i.e., float, marching band, etc.) or sponsor in this spectacular holiday event!**



Sponsors:



For sponsorship opportunities contact Jason Campbell at 946-7474 or at jcampbell@lynchburg.net

## ANNOUNCEMENTS

### Leaf Collection Service ENDS DECEMBER 19

Public Works will end both loose leaf and bagged leaf collection on **December 19**.

**NOTE: Bagged leaves may still be placed at curbside for pickup during regular trash collection with a .95 cent trash tag attached.**



### HOLIDAY CLOSINGS

All Municipal Offices will be **CLOSED December 24 and 25** in observance of Christmas.

The Landfill will be open on Wed., Dec. 24 and **CLOSED** on Thurs., Dec. 25.

Thurs., Dec 25 trash collection will occur on Sat., Dec. 27.

**NOTE: There will be no GLTC bus service on Dec. 25**

**Call Citizens First at 856-CITY (2489) for more information.**

**For more information about Lynchburg City services, visit our web site at [www.lynchburgva.gov](http://www.lynchburgva.gov)**